# Zen Benefiel, MA, MBA, DD

Author, Educator, Host, Facilitator, Transformational Coach

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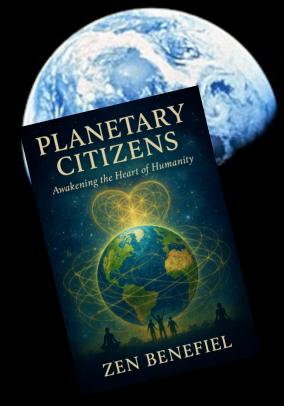
Chandler, Arizona USA

Expertise: Revealing Simplicity in the Complexity









At 18 in college, Zen Benefiel experienced a profound near-death experience (NDE) that became the gateway to a life-time of profound transformation and exploration. During this remarkable event, Zen found himself on the threshold between life and death, experiencing a profound shift in consciousness and an intimate connection with the divine. His story is profoundly poignant for our times.

#### Planetary Citizens Review:

Globalism has, in the minds of many people, become synonymous with ideas concerning exploitation by powerful interests opposed to human freedom and sovereignty. This book expresses a different vision – one of peace, cooperation, and rational policies designed to address real problems. It is a spiritual vision and one that is essential if the human race is going to join the community of spacefaring civilizations. The author, Zen Benefiel is a worthy successor to the work of the legendary Donald Keys. ~ Dr. Jeffrey Mishlove

"Zen feels like an emissary from the future, a time when many more people are at home with a wider scope of consciousness."

~ Dr. Robert Gilman—Founder, Context Institute

"As one of our premier Featured Contributors, Zen has from day one distinguished his creative contributions from so many via a knack for keen observation and what can best be described as 'radical curiosity."

~ Dennis Pitocco-Publisher, BIZCATALYST 360°





## Topics:

- Harmony between People and the Planet
- Attentiveness, Receptivity, and Vulnerability
- Consciousness, Collaboration, and Core Values

Book Zen: Zen@PlanetaryCitizens.net



### **Zen Benefiel: A Catalyst for Transformation**

A renowned cognitive scientist, futurist, and philosopher, **Zen Benefiel** embodies a rare blend of intellect and intuition—both erudite and illuminating. His work explores the deeper patterns shaping human consciousness, societal transformation, and humanity's evolving relationship with technology, culture, and the living planet.

In the early 1990s, Zen co-created and hosted **One World TV**, a pioneering public-access program examining consciousness, culture, social change, and humanity's shared future. During this period, he was actively involved with the **Phoenix Indian School Preservation Coalition** and the **Phoenix Futures Forum**, contributing to civic dialogue, cultural preservation, and forward-looking community conversations that informed the program's perspective.



Zen is the author of more than 40 books, spanning consciousness studies, cosmology, metaphysics, leadership, servant leadership, organizational development, business strategy, education, and human potential. His writing reflects a lifelong exploration of how inner awareness and outer systems evolve together—offering both visionary frameworks and practical guidance.

Committed to bridging **science and spirituality**, Zen examines the convergence of consciousness, cosmology, and applied human systems. He is the Founder and Webmaster of **Planetary Citizens**, a 509(a)(2) charitable organization advancing planetary stewardship, global coherence, and regenerative collaboration.

#### Leadership, Practice & Industry Experience

Zen brings over four decades of **cross-industry experience**, grounding insight in real-world application. His background includes **aerospace**, **business operations**, **education**, **micro-lending**, **performing arts**, **and public events**, providing a rare systems-level perspective across sectors.

He is founder of **Be The Dream**, supporting individuals and leadership teams through purpose realignment, breakthrough decision-making, and conscious leadership development. He also founded **Team Partnering**, guiding organizations and multi-stakeholder teams in trust-building, collaboration, and conflict resolution in complex, high-stakes environments.

Through **Planck Social Media Agency**, Zen helps mission-driven organizations and thought leaders clarify narrative, expand authentic engagement, and navigate the evolving media landscape.

Zen served as Operations Director for the Live and Let Live Foundation for three years as a Board Member of the Phoenix Chapter of the American Society for Training & Development (ASTD). In 2025, he also served on the founding board of the Arizona Independent Party, contributing to its early organizational development. Earlier in his career, Zen was co-host of 2 Small Biz Guys, a business talk radio program focused on entrepreneurship and leadership.

Zen is an articulate and inquisitive speaker, known for *out-of-the-box* thinking and grounded presence. A respected educator, facilitator, and integrative guide, he weaves insight, curiosity, and lived experience into conversations that invite reflection, dialogue, and meaningful action toward a more coherent and conscious world.

Digital Vitae: ZenBenefiel.com

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