

Zen Benefiel, MA, MBA, DD

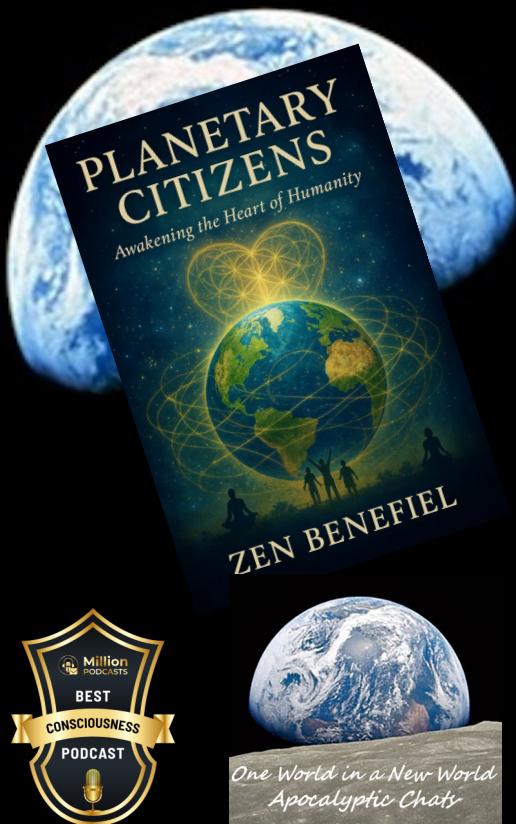
Author, Educator, Host, Facilitator, Transformational Coach



Zen@PlanetaryCitizens.net — 480-633-7179

Chandler, Arizona USA

Expertise: Revealing Simplicity in the Complexity



At 18 in college, Zen Benefiel experienced a profound near-death experience (NDE) that became the gateway to a lifetime of profound transformation and exploration. During this remarkable event, Zen found himself on the threshold between life and death, experiencing a profound shift in consciousness and an intimate connection with the divine. His story is profoundly poignant for our times. Now host of *One World in a New World* and Co-founder of Planetary Citizens nonprofit and webmaster of PlanetaryCitizens.net, facilitating harmony among people and planet intentionally.

Planetary Citizens Review:

Globalism has, in the minds of many people, become synonymous with ideas concerning exploitation by powerful interests opposed to human freedom and sovereignty. This book expresses a different vision – one of peace, cooperation, and rational policies designed to address real problems. It is a spiritual vision and one that is essential if the human race is going to join the community of spacefaring civilizations. The author, Zen Benefiel is a worthy successor to the work of the legendary Donald Keys. ~ Dr. Jeffrey Mishlove

“Zen feels like an emissary from the future, a time when many more people are at home with a wider scope of consciousness.”

~ Dr. Robert Gilman—Founder, Context Institute

“As one of our premier Featured Contributors, Zen has from day one distinguished his creative contributions from so many via a knack for keen observation and what can best be described as ‘radical curiosity.’”

~ Dennis Pitocco—Publisher, BIZCATALYST 360°



- **Topics:**
- **Coherence in Chaotic Times**
- **Remembering Your Planetary Citizenship**
- **Conscious Leadership & Whole-System Thinking**

Book Zen: Zen@PlanetaryCitizens.net



Interview Options – Zen Benefiel

Planetary Citizens® and Be The Dream®



1. Inner Alignment & Human Awakening

(Who we are becoming in the midst of change)

These questions invite story, self-awareness, and grounded wisdom—meeting audiences where they are emotionally and existentially.

1. **What experiences most shaped your understanding of consciousness and personal transformation?**
2. **You often speak about “remembering” rather than self-improvement. What does that mean in practical human terms?**
3. **How do you navigate uncertainty, fear, or overwhelm without losing clarity or compassion?**
4. **What inner shift do you see people needing most right now to live with greater coherence and purpose?**

2. Leadership, Systems & Real-World Application

(How inner awareness translates into action, work, and culture)

This anchors insight into credibility, experience, and usefulness.

5. **What have decades of work across business, education, and nonprofits taught you about what actually drives change?**
6. **Why do so many intelligent leaders and organizations struggle despite having good strategies and data?**
7. **How do you help individuals and teams move from siloed thinking to whole-system awareness?**
8. **What distinguishes conscious leadership from traditional leadership models in practice—not theory?**

3. Planetary Perspective & Collective Future

(Why this moment matters—and what's being invited now)

This elevates the conversation beyond self-help into shared responsibility and possibility.

9. **What does it mean to be a “planetary citizen” in today’s interconnected world?**
10. **Why did you create Planetary Citizens, and what gap is it designed to address?**
11. **How can individuals contribute meaningfully to global challenges without burning out or feeling insignificant?**
12. **What gives you genuine hope when you look at humanity’s future?**

50-Word Bio

Zen Benefiel is a transformational coach, author, and planetary systems thinker bridging inner awareness with real-world action. Founder of **Be The Dream**, **Planetary Citizens** and host of *One World in a New World*, he has authored 40+ books and helps individuals and organizations navigate change with clarity, coherence, and purpose.

100-Word Bio

Zen Benefiel is a transformational coach, author, and planetary systems thinker dedicated to aligning inner awareness with practical action. With over four decades of experience across business, education, media, and nonprofit leadership, he is known for synthesizing complexity into clarity. Zen is the founder of **Be The Dream** and **Planetary Citizens**, a global initiative supporting conscious, collaborative solutions, and the host of *One World in a New World*, a long-running dialogue series exploring humanity’s evolutionary moment. Author of more than 40 books, Zen helps individuals and organizations cultivate coherence, purpose, and possibility in times of rapid change.

